

Individual Best Times (All Time)

Sierra Shah - (1347768) - Hillingdon Swimming Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:54.68	339	F	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon		3
3:00.81	306	H	05/11/23	Windsor SC Bonfire Open Meet 2023	Maidenhead	Hillingdon	3
3:01.78	301	F	07/10/23	Harpenden SC FINIS Bryan Thompson Legacy Meet 23	Westminster Lodge		3
3:01.82	301	F	26/03/23	Amersham SC Regional Qualifier SC Meet 2023	Chiltern		3
3:02.66	296	H	18/11/23	Putteridge SC Winter Short Course Open 2023	Luton	Hillingdon	3
3:02.70	296	F	11/06/23	Hillingdon SC Summer Open Meet 2023	Hillingdon		3
3:03.71	291	F	12/03/23	Maxwell SC March Meet 2023	Aylesbury		3
3:04.07	290	F	15/10/23	Hillingdon SC Club Champs 2023	Hillingdon		4
3:06.14	280	F	01/10/22	Harpenden SC FINIS Bryan Thompson Legacy Meet	Westminster Lodge		3
3:06.33	279	F	16/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	Hillingdon	3
3:07.56	274	F	07/04/24	Guildford City L3 Junior Olympics 2024	Guildford		3
3:12.46	253	F	08/05/22	MCASA Middlesex May Open	Southbury Road		3
3:12.77	252	F	24/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	Hillingdon	3
3:13.10	251	F	03/12/22	Ealing SC 2022 Christmas County Qualifier	Northolt LC		3
3:16.33	239	F	09/06/24	Hillingdon SC GoCardless Summer Open Meet 2024	Uxbridge		3
3:24.33	212	F	09/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
3:32.23	189	F	21/11/21	Enfield SS County Qualifier Open Meet November 21	Southbury		3

Swims in Date Order

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3:07.56	274	F	07/04/24	Guildford City L3 Junior Olympics 2024	Guildford		3
3:06.33	279	F	16/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	Hillingdon	3
3:12.77	252	F	24/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	Hillingdon	3
2:54.68	339	F	17/12/23	Hillingdon Swimming Club Winter Open Meet 2023	Hillingdon		3
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3:02.70	296	F	11/06/23	Hillingdon SC Summer Open Meet 2023	Hillingdon		3
3:01.82	301	F	26/03/23	Amersham SC Regional Qualifier SC Meet 2023	Chiltern		3
3:03.71	291	F	12/03/23	Maxwell SC March Meet 2023	Aylesbury		3
3:13.10	251	F	03/12/22	Ealing SC 2022 Christmas County Qualifier	Northolt LC		3
3:06.14	280	F	01/10/22	Harpenden SC FINIS Bryan Thompson Legacy Meet	Westminster Lodge		3
3:12.46	253	F	08/05/22	MCASA Middlesex May Open	Southbury Road		3
3:32.23	189	F	21/11/21	Enfield SS County Qualifier Open Meet November 21	Southbury		3
3:24.33	212	F	09/10/21	NUEL Early County Qualifier Open Meet 2021	London		3