

Individual Best Times (All Time)

Sian Adams - (1346780) - City of Cardiff - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.98	318	H	17/12/23	Swim Wales Winter Championships 2023	Swansea	Co Cardiff	2
37.60	302	F	12/02/23	South East Wales Regional Championships	Newport		2
38.22	288	F	21/10/23	Greater Gwent Fast Water Open Meet 2023	Newport	Co Cardiff	2
38.29	286	H	18/12/22	Swim Wales Winter Championships 2022	Swansea		2
38.73	277	F	19/11/22	Cardiff International Open Meet 2022	Cardiff		2
39.12	268	F	22/10/22	Greater Gwent Fast Water Open	Newport		2
39.28	265	F	23/09/23	Co Cardiff Club Championships 2023	Cardiff	Co Cardiff	3
39.29	265	H	05/03/23	Boldmere SC Junior Invitation Meet 2023	Ladywood	Boldmere	4
39.29	265	F	19/11/23	City of Cardiff Welsh Capital Open Meet 2023	Cardiff	Co Cardiff	3
40.15	248	H	08/07/23	Boldmere Water Carnival 2023	Birmingham	Boldmere	3
41.34	227	F	25/09/22	City of Cardiff Club Championships	Cardiff		3
42.01	217	H	09/05/21	Boldmere SC	Beeches LC	Boldmere	0
42.48	210	H	03/07/22	Boldmere SC Water Carnival 2022	Birmingham	Boldmere	3
42.81	205	H	27/03/22	Leicester Sharks Competitive Regional Qualifier 22	Nuneaton	Boldmere	3
42.87	204	H	12/03/22	Boldmere SC Junior Invitation Meet (JIM)	Birmingham	Boldmere	4
43.97	189	H	26/09/21	Boldmere Open	Birmingham	Boldmere	3
44.35	184	H	21/11/21	Boldmere SC Club Championships	Birmingham	Boldmere	4
44.49	182	H	19/12/21	Leicester Sharks County Qualifier	Nuneaton	Boldmere	3
45.05	176	H	11/07/21	Boldmere SC End of Season Club Champs	Birmingham	Boldmere	4
52.00	114	H	16/11/19	The Boldmere Open Meet 19	Birmingham	Boldmere	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.98	318	H	17/12/23	Swim Wales Winter Championships 2023	Swansea	Co Cardiff	2
39.29	265	F	19/11/23	City of Cardiff Welsh Capital Open Meet 2023	Cardiff	Co Cardiff	3
38.22	288	F	21/10/23	Greater Gwent Fast Water Open Meet 2023	Newport	Co Cardiff	2

39.28	265	F	23/09/23	Co Cardiff Club Championships 2023	Cardiff	Co Cardiff	3
40.15	248	H	08/07/23	Boldmere Water Carnival 2023	Birmingham	Boldmere	3
39.29	265	H	05/03/23	Boldmere SC Junior Invitation Meet 2023	Ladywood	Boldmere	4
37.60	302	F	12/02/23	South East Wales Regional Championships	Newport		2
38.29	286	H	18/12/22	Swim Wales Winter Championships 2022	Swansea		2
38.73	277	F	19/11/22	Cardiff International Open Meet 2022	Cardiff		2
39.12	268	F	22/10/22	Greater Gwent Fast Water Open	Newport		2
41.34	227	F	25/09/22	City of Cardiff Club Championships	Cardiff		3
42.48	210	H	03/07/22	Boldmere SC Water Carnival 2022	Birmingham	Boldmere	3
42.81	205	H	27/03/22	Leicester Sharks Competitive Regional Qualifier 22	Nuneaton	Boldmere	3
42.87	204	H	12/03/22	Boldmere SC Junior Invitation Meet (JIM)	Birmingham	Boldmere	4
44.49	182	H	19/12/21	Leicester Sharks County Qualifier	Nuneaton	Boldmere	3
44.35	184	H	21/11/21	Boldmere SC Club Championships	Birmingham	Boldmere	4
43.97	189	H	26/09/21	Boldmere Open	Birmingham	Boldmere	3
45.05	176	H	11/07/21	Boldmere SC End of Season Club Champs	Birmingham	Boldmere	4
42.01	217	H	09/05/21	Boldmere SC	Beeches LC	Boldmere	0
52.00	114	H	16/11/19	The Boldmere Open Meet 19	Birmingham	Boldmere	3