

Individual Best Times (All Time)

Freddie Golding - (1345244) - Windsor SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------------|----------------|-----------------|-------|
| 1:16.41 | 268 | H | 06/11/22 | Windsor SC Bonfire Meet | Maidenhead | Windsor | 3 |
| 1:32.48 | 151 | F | 24/11/18 | Black Swan Winter Meet 2018 | Elmbridge Xcel | Staines | 3 |
| 1:33.09 | 148 | F | 17/03/18 | MCASA Spring Development Meet | Enfield | Staines | 3 |
| 1:34.34 | 142 | F | 16/12/18 | Staines Winter Club Championships | Spelthorne | Staines | 4 |
| 1:56.38 | 75 | F | 18/09/16 | Staines Club Championships 2016 | Knowle Green | Staines | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------------|----------------|-----------------|-------|
| 1:16.41 | 268 | H | 06/11/22 | Windsor SC Bonfire Meet | Maidenhead | Windsor | 3 |
| 1:34.34 | 142 | F | 16/12/18 | Staines Winter Club Championships | Spelthorne | Staines | 4 |
| 1:32.48 | 151 | F | 24/11/18 | Black Swan Winter Meet 2018 | Elmbridge Xcel | Staines | 3 |
| 1:33.09 | 148 | F | 17/03/18 | MCASA Spring Development Meet | Enfield | Staines | 3 |
| 1:56.38 | 75 | F | 18/09/16 | Staines Club Championships 2016 | Knowle Green | Staines | 4 |