

# Individual Best Times (All Time)

Abigail Caine - (1345139) - Ulverston SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet  | Venue             | Club Swam Under | Level |
|-------|--------|-------|----------|---|-------------------|-----------------|-------|
| 35.24 | 367    | H     | 27/04/24 | Ulverston Spring Swim Fest 2024                   | Kendal            | Ulverston       | 3     |
| 35.38 | 363    | H     | 15/07/23 | Cumbria Festival of Aquatics 2023                 | Carlisle          | Ulverston       | 3     |
| 35.97 | 345    | H     | 25/03/23 | Ulverston Spring Swim Fest 2023                   | Kendal            | Ulverston       | 3     |
| 36.03 | 344    | H     | 22/01/23 | Cumbria County Championships & Age Groups 2023    | Workington        | Ulverston       | 2     |
| 36.36 | 334    | H     | 22/10/22 | Barrow ASC Halloween Meet 2022                    | Barrow in Furness | Ulverston       | 3     |
| 36.51 | 330    | H     | 25/06/22 | Kendal Mint Open Meet 2022                        | Kendal            | Ulverston       | 3     |
| 36.98 | 318    | H     | 24/06/23 | Kendal ASC 7th Mint Open Gala 2023                | Kendal            | Ulverston       | 3     |
| 37.27 | 310    | H     | 18/10/23 | Ulverston ASC 2023 Club Champs                    | Ulverston         | Ulverston       | 4     |
| 37.78 | 298    | H     | 30/10/21 | Barrow ASC Halloween Meet 2021                    | Barrow in Furness | Ulverston       | 3     |
| 37.94 | 294    | H     | 05/12/21 | Cumbria Winter Meet 2021                          | Kendal            | Ulverston       | 3     |
| 38.01 | 293    | H     | 21/01/24 | Cumbria County Championships & Age Groups 2024    | Workington        | Ulverston       | 2     |
| 38.07 | 291    | H     | 09/10/22 | Ulverston SC 2022 Club Champs                     | Ulverston         | Ulverston       | 4     |
| 38.32 | 286    | H     | 02/10/22 | Carnforth Otters & Lancaster City Bay Fusion Meet | Lancaster         | Ulverston       | 3     |
| 39.58 | 259    | H     | 23/01/22 | 2022 Cumbria County Championships and Age Groups  | Workington        | Ulverston       | 2     |
| 39.71 | 257    | H     | 24/10/21 | Ulverston ASC Club Championships 2021             | Ulverston         | Ulverston       | 4     |
| 40.41 | 243    | H     | 22/11/23 | Ulverston ASC 2023 Club Champs                    | Ulverston         | Ulverston       | 4     |
| 40.53 | 241    | H     | 05/03/22 | Ulverston ASC Spring Swim Fest 2022               | Kendal            | Ulverston       | 3     |
| 40.66 | 239    | H     | 28/05/22 | Blackpool Rocks 2022                              | Blackpool         | Ulverston       | 3     |
| 41.10 | 231    | H     | 07/03/20 | Ulverston Spring Swim Fest 2020                   | Kendal LC         | Ulverston       | 3     |
| 42.34 | 212    | H     | 26/01/20 | 2020 Cumbria County Championships and Age Groups  | Workington        | Ulverston       | 2     |
| 42.80 | 205    | H     | 29/06/19 | Kendal Mint Open Gala 2019                        | Kendal            | Ulverston       | 3     |
| 43.56 | 194    | H     | 13/01/19 | 2019 Cumbria County Championships and Age Groups  | Workington        | Ulverston       | 2     |
| 44.53 | 182    | H     | 16/11/19 | ULVERSTON CLUB CHAMPS 2019                        | ULVERSTON         | Ulverston       | 4     |
| 44.85 | 178    | H     | 25/11/18 | BMSS November Sprint Meet 2018                    | Bolton            | Ulverston       | 3     |
| 45.68 | 168    | H     | 23/03/19 | ULVERSTON GRADED OPEN MEET                        | Kendal            | Ulverston       | 3     |
| 46.14 | 163    | H     | 18/11/18 | Ulverston ASC Club Champs 2018                    | Ulverston LC      | Ulverston       | 4     |
| 46.47 | 162    | H     | 16/06/18 | Cumbria Medals Gala                               | Blackpool         | Ulverston       | 3     |

|       |     |   |          |  |              |           |   |
|-------|-----|---|----------|--|--------------|-----------|---|
| 46.17 | 163 | H | 16/06/19 | Garstang Medals Gala                     | Blackpool    | Ulverston | 3 |
| 46.78 | 157 | H | 21/09/19 | Workington ASC 10th Presidents Open Meet | Cumbria      | Ulverston | 3 |
| 51.23 | 119 | H | 25/02/18 | Ulverston ASC Club Champs 2018           | Ulverston LC | Ulverston | 4 |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet  | Venue             | Club Swam Under | Level |
|-------|--------|-------|----------|---|-------------------|-----------------|-------|
| 35.24 | 367    | H     | 27/04/24 | Ulverston Spring Swim Fest 2024                   | Kendal            | Ulverston       | 3     |
| 38.01 | 293    | H     | 21/01/24 | Cumbria County Championships & Age Groups 2024    | Workington        | Ulverston       | 2     |
| 40.41 | 243    | H     | 22/11/23 | Ulverston ASC 2023 Club Champs                    | Ulverston         | Ulverston       | 4     |
| 37.27 | 310    | H     | 18/10/23 | Ulverston ASC 2023 Club Champs                    | Ulverston         | Ulverston       | 4     |
| 35.38 | 363    | H     | 15/07/23 | Cumbria Festival of Aquatics 2023                 | Carlisle          | Ulverston       | 3     |
| 36.98 | 318    | H     | 24/06/23 | Kendal ASC 7th Mint Open Gala 2023                | Kendal            | Ulverston       | 3     |
| 35.97 | 345    | H     | 25/03/23 | Ulverston Spring Swim Fest 2023                   | Kendal            | Ulverston       | 3     |
| 36.03 | 344    | H     | 22/01/23 | Cumbria County Championships & Age Groups 2023    | Workington        | Ulverston       | 2     |
| 36.36 | 334    | H     | 22/10/22 | Barrow ASC Halloween Meet 2022                    | Barrow in Furness | Ulverston       | 3     |
| 38.07 | 291    | H     | 09/10/22 | Ulverston SC 2022 Club Champs                     | Ulverston         | Ulverston       | 4     |
| 38.32 | 286    | H     | 02/10/22 | Carnforth Otters & Lancaster City Bay Fusion Meet | Lancaster         | Ulverston       | 3     |
| 36.51 | 330    | H     | 25/06/22 | Kendal Mint Open Meet 2022                        | Kendal            | Ulverston       | 3     |
| 40.66 | 239    | H     | 28/05/22 | Blackpool Rocks 2022                              | Blackpool         | Ulverston       | 3     |
| 40.53 | 241    | H     | 05/03/22 | Ulverston ASC Spring Swim Fest 2022               | Kendal            | Ulverston       | 3     |
| 39.58 | 259    | H     | 23/01/22 | 2022 Cumbria County Championships and Age Groups  | Workington        | Ulverston       | 2     |
| 37.94 | 294    | H     | 05/12/21 | Cumbria Winter Meet 2021                          | Kendal            | Ulverston       | 3     |
| 37.78 | 298    | H     | 30/10/21 | Barrow ASC Halloween Meet 2021                    | Barrow in Furness | Ulverston       | 3     |
| 39.71 | 257    | H     | 24/10/21 | Ulverston ASC Club Championships 2021             | Ulverston         | Ulverston       | 4     |
| 41.10 | 231    | H     | 07/03/20 | Ulverston Spring Swim Fest 2020                   | Kendal LC         | Ulverston       | 3     |
| 42.34 | 212    | H     | 26/01/20 | 2020 Cumbria County Championships and Age Groups  | Workington        | Ulverston       | 2     |
| 44.53 | 182    | H     | 16/11/19 | ULVERSTON CLUB CHAMPS 2019                        | ULVERSTON         | Ulverston       | 4     |
| 46.78 | 157    | H     | 21/09/19 | Workington ASC 10th Presidents Open Meet          | Cumbria           | Ulverston       | 3     |
| 42.80 | 205    | H     | 29/06/19 | Kendal Mint Open Gala 2019                        | Kendal            | Ulverston       | 3     |
| 46.17 | 163    | H     | 16/06/19 | Garstang Medals Gala                              | Blackpool         | Ulverston       | 3     |
| 45.68 | 168    | H     | 23/03/19 | ULVERSTON GRADED OPEN MEET                        | Kendal            | Ulverston       | 3     |
| 43.56 | 194    | H     | 13/01/19 | 2019 Cumbria County Championships and Age Groups  | Workington        | Ulverston       | 2     |
| 44.85 | 178    | H     | 25/11/18 | BMSS November Sprint Meet 2018                    | Bolton            | Ulverston       | 3     |
| 46.14 | 163    | H     | 18/11/18 | Ulverston ASC Club Champs 2018                    | Ulverston LC      | Ulverston       | 4     |
| 51.23 | 119    | H     | 25/02/18 | Ulverston ASC Club Champs 2018                    | Ulverston LC      | Ulverston       | 4     |