

Individual Best Times (All Time)

Lois Mason - (1340993) - Rochford & District SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:29.13	404	H	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	Rochford	3
2:30.68	392	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Rochford	3
2:31.83	383	H	02/07/22	Rochford & District SC Club Championships 2022	Clements Hall LC	Rochford	4
2:31.84	383	H	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	Rochford	3
2:33.04	374	H	16/04/23	Halstead SC Annual Open Meet 2023	Braintree	Rochford	3
2:36.65	349	H	04/12/22	Colchester Last Chance County Qualifier	Braintree	Rochford	3
2:48.22	281	H	18/09/21	Rochford & District SC Club Championships 2021	Clements Hall	Rochford	4

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