

Individual Best Times (All Time)

Lois Mason - (1340993) - Rochford & District SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.65	409	H	02/04/23	Basildon & Phoenix SC Easter Meet 2023	Basildon	Rochford	3
1:07.68	409	H	04/02/23	Essex Age Group County Championships 2023	Basildon	Rochford	2
1:07.68	409	H	04/02/23	Essex Age Group County Championships 2023	Basildon	Rochford	2
1:07.78	407	H	07/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	Rochford	3
1:08.00	403	H	21/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	Rochford	3
1:08.30	398	H	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Rochford	3
1:08.42	396	H	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	Rochford	4
1:08.88	388	H	01/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	Rochford	3
1:08.93	387	F	09/12/23	National Arena Swimming League - London 2023	Enfield		3
1:08.93	387	H	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	Rochford	3
1:09.20	382	H	18/09/22	BPSC Autumn Season Opener 2022	Basildon	Rochford	3
1:09.33	380	H	16/04/23	Halstead SC Annual Open Meet 2023	Braintree	Rochford	3
1:10.28	365	H	20/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Rochford	3
1:10.51	361	H	04/12/22	Colchester Last Chance County Qualifier	Braintree	Rochford	3
1:10.65	359	H	02/12/23	Rochford and District Open Meet 2023	Clements Hall	Rochford	4
1:14.53	306	H	25/09/21	Rochford & District SC Club Championships 2021	Clements Hall	Rochford	4
1:14.98	301	H	11/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Rochford	3

Swims in Date Order

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