

Individual Best Times (All Time)

Lois Mason - (1340993) - Rochford & District SC - 200 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:05.70	282	H	16/04/22	Colchester SC Last Chance Regional Qualifier	Braintree	Rochford	3

Swims in Date Order

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