

Individual Best Times (All Time)

Alexandra Hart - (1337765) - Millfield - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:45.12	533	F	17/12/23	Swim Wales Winter Championships 2023	Swansea		2
4:48.68	514	F	05/11/23	SE South West Region SC Winter Championships 2023	Millfield		2
4:52.19	496	F	19/03/23	Street, Millfield & TDSC Regional Qualifier 2023	Millfield		3
4:54.53	484	F	22/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfied School		2
4:55.52	479	F	06/11/22	SWR Short Course Winter	Millfield		2
4:56.07	476	F	18/12/22	Swim Wales Winter Championships 2022	Swansea		2
4:59.36	461	F	16/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
5:11.74	408	F	16/05/21	Millfield	Millfield		0
5:12.28	406	F	18/06/21	Millfield Summer Selections	Street		4
5:13.38	402	F	21/11/21	Team Bath AS November TYR Super Series	Millfield		2
5:16.21	391	H	05/10/19	CASA Level 2 Swimming Championships	Mombasa		2
5:39.67	315	H	23/06/19	CASA Invitational Interclubs Championships	Mombasa		2
5:42.08	309	H	27/04/19	CASA Grand Prix 3	Mombasa		2

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