

Individual Best Times (All Time)

Angelos Agko - (1334553) - Abingdon Vale SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.77	453	F	18/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park		2
28.83	451	F	23/06/24	Hatfield Summer Meet 2024	Hatfield	AbingdonVale	2
29.01	442	F	17/03/24	Hatfield Regional Qualifier March 2024	Hatfield	AbingdonVale	3
29.07	439	H	04/11/23	SE South East Regional Winter Championships 2023	Winchester		2
29.08	439	H	17/03/24	Hatfield Regional Qualifier March 2024	Hatfield	AbingdonVale	3
29.10	438	H	23/06/24	Hatfield Summer Meet 2024	Hatfield	AbingdonVale	2
29.77	409	H	03/12/22	Windsor SC County Chaser Open Meet	Maidenhead	Maidenhead	3
30.04	398	F	01/07/23	Maidenhead Marlins Summer Sprint Meet 2023	Maidenhead		3
30.31	388	F	04/03/23	Maidenhead Marlins Spring Level 3 Gala 2023	Maidenhead		3
30.60	377	F	15/10/22	The Winchester Autumn Qualifier	Winchester		2
31.18	356	H	01/07/23	Maidenhead Marlins Summer Sprint Meet 2023	Maidenhead		3
31.96	331	H	27/11/21	Maidenhead Marlins Level 4 Series	Maidenhead	Maidenhead	4
32.06	328	F	10/04/22	Littlehampton SC Easter Meet 2022	Arun LC		3
32.43	316	H	11/09/21	Maidenhead Marlins L4 Series	Maidenhead	Maidenhead	4
33.35	291	H	04/12/21	Windsor SC County Chaser Open Meet	Maidenhead	Maidenhead	3
34.36	266	H	25/10/20	City of Oxford Swimming Club	Oxford High School	Co Oxford	0
34.72	258	H	16/06/21	City of Oxford	Leys Swimming Pool	Co Oxford	0
40.14	167	H	26/10/19	Team Luton Autumn Short Course Open Meet	Inspire; Luton	Co Oxford	3
40.68	160	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	Co Oxford	2
41.17	154	F	24/06/18	The TeamUnify Maxwell June Meet	Aylesbury	Co Oxford	3
41.44	151	H	23/09/18	COSC County Qualifier	Leys Pools & LC	Co Oxford	3
41.60	150	H	03/03/18	City of Oxford Development Meet 4	Oxford	Co Oxford	4
42.33	142	H	14/07/18	COSC L3 Meet	Leys leisure pool	Co Oxford	3
43.74	129	H	25/11/17	COSC L3 Meet	Oxford	Co Oxford	3
45.88	111	H	25/09/16	City of Oxford Club Championships	Oxford	Co Oxford	4
46.08	110	H	17/09/17	City of Oxford Club Championships	Oxford	Co Oxford	4
46.18	110	H	15/07/17	City of Oxford L3 Meet	Oxford	Co Oxford	3

46.13	110	H	13/07/17	City of Oxford L3 Meet	Oxford	Co Oxford	3
48.85	92	H	26/11/16	City of Oxford L3 November Meet	Oxford	Co Oxford	3
50.37	84	H	11/12/16	City of Oxford Development Meet 3A	Oxford	Co Oxford	4

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