Individual Best Times (All Time)

Zoe Wilson - (1328975) - West Norfolk Swimming Club - 200 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.22	441	Н	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
2:38.69	421	Н	25/06/23	Swim England Norfolk County Challenge 2023	Derehem	West Norfolk	3
2:38.77	420	F	03/12/23	City of Peterborough Winter Meet 2023	Peterborough		3
2:39.70	413	Н	15/07/23	West Norfolk Club Championships 2023	King's Lynn	West Norfolk	4
2:43.23	386	Н	24/09/23	Norwich Swan No Frills Season Starter Meet 2023	Norwich	West Norfolk	3
2:43.48	385	F	30/10/22	Teamipswich Swimming Club Spooktacular Open Meet	lpswich		3
2:44.53	377	Н	25/09/22	Norwich Swan No Frills Season Starter	UEA Sportspark	West Norfolk	3
2:46.41	365	Н	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	West Norfolk	3
2:47.09	360	Н	19/03/22	West Norfolk SC Open Meet 2022	Kings Lynn	Wisbech	3
2:53.44	322	F	03/10/21	City of Peterborough SC Season Opener	Peterborough		3
2:59.66	290	F	08/12/19	COPS Winter Meet 2019 20	Peterborough		3
3:00.41	286	Н	25/01/20	Cambridgeshire County Championships	Cambridge	Wisbech	2
3:03.38	272		12/11/19	Wisbech Swimming Club Championships	Wisbech	Wisbech	4
3:08.67	250		07/04/19	Sudbury & District Robin Deal Memorial Meet 2019	Sudbury	Wisbech	3
3:28.43	185	Н	27/11/18	Wisbech Club Championships	Wisbech	Wisbech	4
3:28.55	185	Н	16/11/17	Wisbech Club Championships	Wisbech	Wisbech	4
3:28.55	185	Н	23/11/17	Wisbech Club Championships	Wisbech	Wisbech	4
3:31.18	178	Н	14/01/18	Cambridgeshire ASA County Championships	Whittlesey	Wisbech	2
4:28.81	86	Н	15/11/16	Wisbech Club Championships	Wisbech	Wisbech	4

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