

# Individual Best Times (All Time)

Lauren Armstrong - (1322920) - Marlborough Penguins ASC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.31	245	F	11/06/22	Salisbury Stingrays SC Summer Open Meet 2022	Fiver Rivers LC		3
40.46	243	H	04/12/22	Tigersharks Winter L3 Meet	Swindon	Marlborough	3
40.47	242	H	01/12/19	Tigersharks Last Chance L2, L3 Graded Open Meet	Swindon	Marlborough	2
41.15	231	H	18/01/20	Wiltshire County Age Group & Championships 2020	Swindon	Marlborough	3
42.14	215	H	13/10/19	Marlborough Penguins 4th Emperor 2019	Link Centre	Marlborough	2
42.85	204	H	06/07/19	Marlborough Penguins Club Championships 2019	Marlborough	Marlborough	4
43.67	193	F	07/09/19	Team Bath Sprint Meet & Relays	Horfield LC	Marlborough	4
44.70	180	H	11/11/18	Wroughton IM & Sprint Meet	Swindon	Durrington	4
44.70	180	H	02/06/19	Salisbury Stingrays June 2019 Level 3 Open Meet	Five Rivers LC	Marlborough	3
45.33	172	H	19/01/19	Wiltshire ASA Age Group Championships 2019	Swindon	Durrington	3
46.26	162	F	27/10/18	Hart SC Autumn Level 3 Open Meet 2018	Hart	Durrington	3
46.32	161	F	09/12/18	COSSC 9TH CHRISTMAS OPEN MEET	SOUTHAMPTON	Durrington	3
48.28	143	H	14/10/18	Marlborough Penguins 3rd Emperor 60th Anniversary	Swindon	Durrington	2
48.40	141	H	30/09/18	Durrington Otters Club Championships	Durrington	Durrington	4
48.95	137	H	03/06/18	Salisbury Open Meet June 2018	Salisbury	Durrington	3
49.20	135	H	15/04/18	Sx3 Low Level Development Meet	Swindon	Durrington	4
51.84	115	H	15/10/17	Durrington Otters Club Championships	Durrington	Durrington	4
53.98	102	H	12/11/17	Wroughton IM & Sprint Meet	Swindon	Durrington	4
59.35	77		17/09/16	Andover SWPC Club Championships	Andover	Andover	4

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