

Individual Best Times (All Time)

Helena Arijs - (1321979) - Kippax SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.67	256		15/09/19	Doncaster Dartes September Sprints	Beverley	Kippax	3
44.90	252		15/03/20	Beverley Barracudas Sprints Gala	Beverley	Kippax	3
45.22	246		08/06/19	Team Jorvik Viking Sprints 2019 Three Grades Meet	Leeds	Kippax	3
48.13	204		30/09/18	Doncaster Dartes September Sprints	Beverley	Kippax	3
48.13	204		28/10/18	South Axholme Sharks Halloween Meet 2018	Beverley	Kippax	3
48.29	202		04/11/18	Spensorough Bonfire Bash	Leeds	Kippax	3
48.31	202	H	08/07/18	BOBSC 11th Annual Summer Sizzler	Leeds	Kippax	3
48.94	194		16/06/18	Team Jorvik Viking Spring 2018	Leeds	Kippax	3
50.58	176	H	28/01/17	City of Leeds Winter Development Meet 2017	Leeds	Co Leeds	4
50.92	172	H	01/04/17	City of Leeds Spring Development Meet 2017	Leeds	Co Leeds	4
50.94	172		18/03/18	Barracudas A B C Short Course Sprints Gala	Beverley	Kippax	3
52.15	160		03/12/17	Swim Along a Santa	Leeds	Kippax	3
52.39	158	H	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	Co Leeds	3
52.53	157		12/11/17	Spensorough Bonfire Bash 2017	Leeds	Kippax	3
53.96	145	H	01/10/16	Yorkshire SA Winter Competition	Leeds	Co Leeds	2
54.11	144	H	12/11/16	City of Leeds Autumn Development Meet 2016	Leeds	Co Leeds	4
55.88	130	H	23/07/16	City of Leeds Summer Development Meet	Leeds	Co Leeds	4

Swims in Date Order

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