

Individual Best Times (All Time)

Lauren Cusick - (1316211) - Aquabears Of Rochdale SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.24	528	H	04/11/23	SE NW Regional Winter Championships 2023	Manchester	Aquabears	2
32.03	489	H	16/10/22	Wigan BEST SC Future Stars Open Meet	Wigan	Aquabears	2
33.22	439	H	21/11/21	Blackpool Lights 2021	Blackpool	Aquabears	3
36.36	334	H	04/03/18	Greater Manchester Age Group Meet 2018	Wigan	Aquabears	3
38.22	288	H	15/07/17	Richmond Dales Summer Madness Gala	Leeds	Aquabears	3
38.88	273	H	01/10/17	Greater Manchester Autumn Meet 2017	Wigan	Aquabears	3
39.99	251	H	05/03/17	Greater Manchester Age Group Meet	Wigan	Aquabears	3
40.03	250	H	27/11/16	Wigan BEST Future Stars Open Meet	Wigan	Aquabears	2
42.28	212		06/11/16	Spenborough Bonfire Bash	Leeds	Aquabears	3
43.54	195	H	30/04/16	Blackpool Rocks 2016	Blackpool	Aquabears	3
44.08	187	F	11/06/16	Aquabears Open Summer Meet	Salford	Aquabears	3

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