

# Individual Best Times (All Time)

Ashton Netherwood - (1314634) - Arun Tridents SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.62	342	F	16/10/22	Sussex County ASA Winter Competition	Crawley		2
2:45.11	292	F	11/07/22	Littlehampton SC Club Championships 2022	Littlehampton		4
2:52.45	256	F	27/11/21	Atlantis Christmas Cracker 2021	Horsham		3
2:52.63	256	F	16/10/21	Sussex County ASA Winter Competition	Crawley		2
2:57.20	236	F	05/09/21	SEPTEMBER SIZZLER 2021	Bognor Regis		3
3:05.81	205	F	26/05/21	Littlehampton	Arun		0
3:08.80	195	H	23/06/19	English Schools Swimming Association Summer Open	Crawley	Arun Trident	3
3:09.59	193	F	19/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	Arun Trident	2
3:15.23	177	F	14/04/19	Littlehampton S.C. Easter Open Meet 2019	Bognor Regis	Arun Trident	3
3:19.42	166	F	06/01/19	Littlehampton S.C. January Splash Meet 2019	Bognor Regis	Arun Trident	3
3:30.78	140	F	08/07/18	Littlehampton Club Championships 2018	Bognor Regis	Arun Trident	4
3:45.37	115	F	12/12/17	Littlehampton Club Championships 2017	Littlehampton	Arun Trident	4

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