

Individual Best Times (All Time)

Ashton Netherwood - (1314634) - Arun Tridents SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.55	335	F	08/10/22	National Arena Swim League South Round One	Amersham		3
1:11.38	310	F	10/12/22	National Arena Swimming League South 2022 - R3	Guildford		4
1:12.39	297	F	14/10/23	National Arena Swimming League South R1 2023	Fleet		3
1:12.50	296	F	16/10/22	Sussex County ASA Winter Competition	Crawley		2
1:12.52	295	F	09/12/23	National Arena Swimming League South R3 2023	Waterlooville		3
1:12.55	295	F	12/11/22	Arena Swimming League South - Round Two	Portsmouth		4
1:14.90	268	F	11/11/23	National Arena Swimming League South R2 2023	Fleet		3
1:15.77	259	F	05/09/21	SEPTEMBER SIZZLER 2021	Bognor Regis		3
1:15.92	257	F	11/12/21	National Arena Swimming League South Round 3	Fleet		3
1:23.23	195	F	20/10/19	Sussex Couny ASA Winter Short Course Competition	Crawley	Arun Trident	2
1:23.73	192	F	09/11/19	National Arena Swimming League South Round Two	Bognor Regis	Arun Trident	3
1:24.96	184	F	11/01/20	Tom Handley Open Meet	Prince Regent	Arun Trident	3
1:25.05	183	F	22/09/19	Littlehampton S.C. County Qualifier Meet 2019	Bognor Regis	Arun Trident	3
1:25.80	178	F	07/07/19	Littlehampton Club Championships	Bognor Regis	Arun Trident	4
1:26.40	175	H	22/06/19	English Schools Swimming Association Summer Open	Crawley	Arun Trident	3
1:31.04	149	F	01/07/18	Atlantis Summer Splash 2018	Horsham	Arun Trident	3
1:33.33	138	F	08/07/18	Littlehampton Club Championships 2018	Bognor Regis	Arun Trident	4

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