

# Individual Best Times (All Time)

Mark Rigo - (1311358) - Newham & University of East Lond - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.36	476	H	25/02/23	Essex Age Group County Championships 2023	Basildon	Bo Newham	2
2:21.12	468	H	02/07/23	Romford Town SC End of Season Meet 2023	Basildon	Bo Newham	3
2:24.82	433	H	17/04/22	Romford Town Last Chance Regional Qualifier Meet	Essex	Romford Town	3

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