

Individual Best Times (All Time)

Mark Rigo - (1311358) - Newham & University of East Lond - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.18	513	H	18/11/23	Swim England Essex Winter Championships 2023	Basildon	Bo Newham	2
25.31	505	H	13/04/24	Romford Town Last Chance Regional Qualifier 2024	Romford	Bo Newham	3
25.35	502	F	02/12/23	NUEL SC Late County Qualifier Open Meet 2023	Stratford		3
25.46	496	F	18/11/23	Swim England Essex Winter Championships 2023	Basildon	Bo Newham	2
25.58	489	F	04/12/22	Newham & UoL SC Late County Qualifier Open Meet 22	London		3
25.58	489	F	07/10/23	NUEL SC Early County Qualifier Open Meet 2023	Stratford		3
25.78	478	H	30/09/23	Romford Town SC Autumn Season Opener Meet 2023	Romford	Bo Newham	3
25.79	477	H	01/07/23	Romford Town SC End of Season Meet 2023	Basildon	Bo Newham	3
25.80	477	H	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	Bo Newham	3
25.94	469	H	04/11/23	SE London Winter Championships 2023	Stratford		2
26.12	459	H	05/02/23	Essex Age Group County Championships 2023	Basildon	Bo Newham	2
26.12	459	H	05/02/23	Essex Age Group County Championships 2023	Basildon	Bo Newham	2
26.14	458	H	16/04/22	Romford Town Last Chance Regional Qualifier Meet	Essex	Romford Town	3
26.27	451	F	08/10/22	NUEL SC Early County Qualifier Open Meet 2022	London		3
26.29	450	H	16/10/22	Essex Winter Championships 2022	Basildon	Bo Newham	2
26.41	444	H	05/11/22	SE London Winter Championships 2022	Lewisham		2
26.69	430	F	06/03/22	ESS Level 3 Open Meet	Enfield		3
26.99	416	F	04/12/21	NUEL Late County Qualifier Open Meet 2021	Stratford		3
27.60	389	H	12/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Romford Town	3
28.28	362	H	03/11/20	Romford Town Swimming Club	Abbs Cross Health	Romford Town	0
29.07	333	H	30/11/19	Harlow Penguins 2019 County Qualifier Open Meet	Harlow	Romford Town	3
29.35	324	H	30/03/19	Harlow Penguins 2019 Regional Qualifier Open Meet	Harlow	Romford Town	3
29.37	323	F	10/11/19	NUEL Winter Invitational Meet 2019	East Ham	Romford Town	4
29.38	323	H	06/10/19	9th David Jacobs Memorial Meet	Basildon	Romford Town	3
29.74	311	H	27/04/19	RTSC Non- Regional Qualifiers Meet	Romford	Romford Town	3
30.27	295	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Romford Town	3
31.84	252	H	20/10/18	Hadlow Penguins Autumn Junior Development Meet	Hadlow	Romford Town	2

31.84	233	H	20/10/18	Harlow Penguins Autumn Junior Development Meet	Harlow	Romford Town	3
32.40	240	H	29/09/18	Romford Town 8th David Jacobs Memorial Gala	Romford	Romford Town	3
35.55	182	F	17/12/16	LBRSC Last Chance Qualifying Meet	Fullwell Cross	Epping For't	3
36.41	169	H	04/12/16	Epping Forest District Yuletide Gala 2016	Loughton	Epping For't	3
40.22	125	H	12/06/16	Epping Forest Club Championships	Loughton	Epping For't	4

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