

# Individual Best Times (All Time)

Pearl Lightwood - (1304838) - Middlesbrough SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:14.03	560	H	20/10/19	Middlesbrough ASC Halloween 2019 Meet	Middlesbrough	Middlesboro	2
5:19.43	532	H	13/12/19	Scottish National Short Course Championships	Edinburgh	Middlesboro	2
5:23.26	513	H	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Middlesboro	3
5:26.67	498	H	21/10/18	Middlesbrough Halloween 2018 Gala	The Neptune Centre	Middlesboro	2
5:27.38	494	H	23/02/19	Middlesbrough AA Grade 2019 Gala	The Neptune Centre	Middlesboro	3
5:29.53	485	H	03/11/18	Swim England North East Region Age Group (25)	Sheffield	Middlesboro	2
5:31.74	475	H	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	Middlesboro	2
5:32.25	473	H	02/11/19	North East Region Age Group Championships (25m)	Sheffield	Middlesboro	2
5:39.45	443	H	08/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	Middlesboro	3
5:48.89	408	H	28/10/17	ASA North East Region Age Group Championships	Sunderland	Middlesboro	2
5:53.35	393	H	22/10/17	Middlesbrough Halloween 2017 Meet	The Neptune Centre	Middlesboro	2
6:00.33	371	H	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	Middlesboro	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.26	513	H	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Middlesboro	3
5:19.43	532	H	13/12/19	Scottish National Short Course Championships	Edinburgh	Middlesboro	2
5:32.25	473	H	02/11/19	North East Region Age Group Championships (25m)	Sheffield	Middlesboro	2
5:14.03	560	H	20/10/19	Middlesbrough ASC Halloween 2019 Meet	Middlesbrough	Middlesboro	2
5:27.38	494	H	23/02/19	Middlesbrough AA Grade 2019 Gala	The Neptune Centre	Middlesboro	3
5:31.74	475	H	17/11/18	Stockport Metro November Short Course Open Meet	Stockport	Middlesboro	2
5:29.53	485	H	03/11/18	Swim England North East Region Age Group (25)	Sheffield	Middlesboro	2
5:26.67	498	H	21/10/18	Middlesbrough Halloween 2018 Gala	The Neptune Centre	Middlesboro	2
5:39.45	443	H	08/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	Middlesboro	3
5:48.89	408	H	28/10/17	ASA North East Region Age Group Championships	Sunderland	Middlesboro	2
5:53.35	393	H	22/10/17	Middlesbrough Halloween 2017 Meet	The Neptune Centre	Middlesboro	2

