

Individual Best Times (All Time)

Heidi Carr - (1304044) - Newcastle SwimTeam - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:28.68	488	H	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	Newcastle	3

Swims in Date Order

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