

# Individual Best Times (All Time)

Freya Allen - (1303606) - Wellingborough SC - 400 Freestyle - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:16.14	149	H	01/12/19	Wellingborough Club Championships - 400m Free	Wellingborough	Wellingboro	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:16.14	149	H	01/12/19	Wellingborough Club Championships - 400m Free	Wellingborough	Wellingboro	4