

Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:25.84	383	H	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
1:28.71	347	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
1:29.38	339	H	24/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
1:29.46	338	H	23/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
1:30.84	323	H	21/01/23	Cumbria County Championships & Age Groups 2023	Workington	Carlisle Aq	2
1:33.82	293	H	04/03/23	Bobcats 'Racing for Regionals' Meet 2023	Darwen	Carlisle Aq	3
1:35.34	279	H	03/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
1:39.43	246	H	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Carlisle Aq	2
1:41.41	232	H	14/11/21	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:46.06	203	H	02/08/21	Carlisle Aquatics	The Pools	Carlisle Aq	0
2:07.51	116	H	29/06/19	Kendal Mint Open Gala 2019	Kendal	Penrith	3

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