## **Individual Best Times (All Time)**

Evie-Rose Sugden - (1300102) - Carlisle Aquatics - 100 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.03	423	Н	23/03/24	Carnforth LAST-GASP for Regionals 2024	Lancaster	Carlisle Aq	3
1:28.06	355	Н	04/03/23	Bobcats 'Racing for Regionals' Meet 2023	Darwen	Carlisle Aq	3
1:28.09	354	Н	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Carlisle Aq	2
1:29.84	334	Н	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
1:30.19	330	Н	14/11/21	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:30.73	324	Н	24/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
1:31.26	319	Н	24/09/22	Workington 13th Presidents Gala	Workington	Carlisle Aq	3
1:33.16	299	Н	03/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
1:36.12	273	Н	25/09/21	12th Presidents Gala	Workington	Carlisle Aq	3
1:38.37	254	Н	02/08/21	Carlisle Aquatics	The Pools	Carlisle Aq	0
1:45.36	207	Н	10/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
1:54.27	162	Н	11/11/18	Penrith Club Championships	Penrith	Penrith	4
1:54.58	161	Н	09/06/18	23rd Copeland Graded Gala	Whitehaven	Penrith	3
1:58.15	147	Н	06/10/18	Carlisle Aquatics October Swimfest	Carlisle	Penrith	3

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1:36.12 Copyright 2024	273 4	Н	25/09/21	12th Presidents Gala	Workington	Carlisle Aq Powered By SPOR	3 FSYSTEMS

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1:38.37	254	Н	02/08/21	Carlisle Aquatics	The Pools	Carlisle Aq	0
1:45.36	207	Н	10/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
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