

Individual Best Times (All Time)

Evie-Rose Sugden - (1300102) - Carlisle Aquatics - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
39.44	372	F	30/04/22	DASC Spring Splash	Dumfries		2
39.75	363	H	04/03/23	Bobcats 'Racing for Regionals' Meet 2023	Darwen	Carlisle Aq	3
39.82	361	H	16/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
40.22	350	H	23/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
40.47	344	H	03/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Carlisle Aq	3
40.48	344	H	16/07/22	Carlisle Farewell to the Pools Invitational Gala	Carlisle	Carlisle Aq	4
40.49	343	H	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
40.50	343	H	24/09/22	Workington 13th Presidents Gala	Workington	Carlisle Aq	3
41.23	325	H	10/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
41.53	318	H	24/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
42.00	308	F	10/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
43.78	272	H	21/11/21	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
43.96	268	H	25/09/21	12th Presidents Gala	Workington	Carlisle Aq	3
45.56	241	H	02/08/21	Carlisle Aquatics	The Pools	Carlisle Aq	0
48.70	197	H	10/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
48.70	197	H	30/11/19	CUMBRIA 2019 CUMBRIAN WINTER MEET	Carlisle		3
50.64	175	H	21/09/19	Workington ASC 10th Presidents Open Meet	Cumbria	Penrith	3
54.30	142	H	11/11/18	Penrith Club Championships	Penrith	Penrith	4
55.79	131	H	10/03/18	24th Bill & Monica Griffin Gala	Whitehaven	Penrith	3
56.70	125	H	23/06/18	Kendal Mint Open Gala 2018	Kendal	Penrith	3
59.74	107	H	12/11/17	Penrith Club Championships	Penrith	Penrith	4
1:01.56	97	H	28/10/17	Barrow Halloween Sprint Meet 2017	Barrow-in-Furness	Penrith	3
1:04.17	86	H	26/11/16	Carlisle Aquatics 2016 Sprints & Medley Open Meet	Carlisle		3
1:05.05	82	H	25/03/17	Ulverston Graded Open Meet	Kendal	Penrith	3
1:05.54	81	H	08/07/17	Garstang Medals Gala	Blackpool	Penrith	3

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