Individual Best Times (All Time)

Evie-Rose Sugden - (1300102) - Carlisle Aquatics - 200 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.69	443	Н	02/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
2:26.56	426	Н	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
2:26.91	423	Н	23/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
2:27.52	418	Н	17/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
2:27.63	417	Н	23/01/22	2022 Cumbria County Championships and Age Groups	Workington	Carlisle Aq	2
2:27.74	416	F	30/04/22	DASC Spring Splash	Dumfries		2
2:29.20	404	Н	24/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
2:29.66	400	Н	06/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	Carlisle Aq	3
2:29.91	398	Н	22/01/23	Cumbria County Championships & Age Groups 2023	Workington	Carlisle Aq	2
2:30.67	392	Н	24/09/22	Workington 13th Presidents Gala	Workington	Carlisle Aq	3
2:30.86	390	Н	03/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Carlisle Aq	3
2:40.06	327	Н	04/12/21	Cumbria Winter Meet 2021	Kendal	Carlisle Aq	3
2:52.53	261	Н	14/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
3:06.31	207	Н	08/06/19	24th Copeland Graded Gala	Whitehaven	Penrith	3
3:12.71	187	Н	15/11/18	Penrith Club Championships	Penrith	Penrith	4
3:45.32	117	Н	17/11/17	Penrith Club Championships	Penrith	Penrith	4

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