

Individual Best Times (All Time)

Evie-Rose Sugden - (1300102) - Carlisle Aquatics - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.87	348	F	30/04/22	DASC Spring Splash	Dumfries		2
36.18	339	H	24/09/22	Workington 13th Presidents Gala	Workington	Carlisle Aq	3
36.34	335	H	04/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Carlisle Aq	3
36.60	328	H	05/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	Carlisle Aq	3
36.73	324	H	23/01/22	2022 Cumbria County Championships and Age Groups	Workington	Carlisle Aq	2
37.48	305	H	30/10/21	Barrow ASC Halloween Meet 2021	Barrow in Furness	Carlisle Aq	3
37.48	305	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
37.52	304	H	16/07/22	Carlisle Farewell to the Pools Invitational Gala	Carlisle	Carlisle Aq	4
37.61	302	F	17/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
37.63	302	H	14/11/21	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
37.65	301	H	17/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
38.79	275	H	23/07/21	Carlisle Aquatics	The Pools , James St	Carlisle Aq	0
38.88	273	H	16/10/21	Bobcats Return to Racing Powered by FINIS	Darwen	Carlisle Aq	3
43.54	195	H	02/12/18	2018 Cumbria Winter Meet	Whitehaven	Penrith	3
44.37	184	H	17/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
44.63	181	H	09/03/19	25th Bill & Monica Griffin Gala	Whitehaven	Penrith	3
45.18	174	H	29/06/19	Kendal Mint Open Gala 2019	Kendal	Penrith	3
46.11	164	H	17/03/18	Ulverston Graded Open Meet	Kendal	Penrith	3
46.38	161	H	23/06/18	Kendal Mint Open Gala 2018	Kendal	Penrith	3
47.06	154	H	18/11/18	Penrith Club Championships	Penrith	Penrith	4
48.24	143	H	10/03/18	24th Bill & Monica Griffin Gala	Whitehaven	Penrith	3
52.58	110	H	19/11/17	Penrith Club Championships	Penrith	Penrith	4
55.00	96	H	08/07/17	Garstang Medals Gala	Blackpool	Penrith	3
55.03	96	H	26/11/16	Carlisle Aquatics 2016 Sprints & Medley Open Meet	Carlisle		3
56.12	91	H	20/11/16	Penrith Club Championships	Penrith	Penrith	4

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