

Individual Best Times (All Time)

Lydia Swindell - (1296539) - Ashton Central SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-------------------|-----------------|-------|
| 30.06 | 592 | H | 14/12/23 | Swim England Winter Championships 2023 | Sheffield | Wigan BEST | 2 |
| 30.54 | 565 | H | 18/11/23 | NOVA Centurion November Meet 2023 | Nottingham | Wigan BEST | 2 |
| 30.72 | 555 | H | 16/10/22 | Wigan BEST SC Future Stars Open Meet | Wigan | Wigan BEST | 2 |
| 30.88 | 546 | F | 07/11/21 | NW Winter Regional Swimming Championships (25m) | Manchester | Wigan BEST | 2 |
| 30.97 | 541 | H | 05/11/22 | SE NW Winter Regional Swimming Championships | Liverpool | Wigan BEST | 2 |
| 30.99 | 540 | F | 05/11/22 | SE NW Winter Regional Swimming Championships | Liverpool | Wigan BEST | 2 |
| 31.03 | 538 | H | 07/11/21 | NW Winter Regional Swimming Championships (25m) | Manchester | Wigan BEST | 2 |
| 31.33 | 523 | H | 23/06/24 | Wigan Best Future Stars June Meet 2024 | Wigan | Wigan BEST | 3 |
| 31.38 | 520 | H | 10/07/21 | Wigan BEST | Hindley | Wigan BEST | 0 |
| 31.40 | 519 | H | 16/10/21 | City of Birmingham Winter Open Meet | Birmingham | Wigan BEST | 2 |
| 32.50 | 468 | H | 17/11/19 | Wigan BEST Future Stars Open Meet | Wigan Life Centre | Wigan BEST | 2 |
| 33.68 | 421 | H | 29/09/19 | Greater Manchester Autumn Meet 2019 | Wigan Life Centre | Ashton Cent | 3 |
| 35.94 | 346 | H | 07/07/19 | Southport End of Season Sprint Finale | Knowsley | Ashton Cent | 3 |

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| 30.06 | 592 | H | 14/12/23 | Swim England Winter Championships 2023 | Sheffield | Wigan BEST | 2 |
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| 30.99 | 540 | F | 05/11/22 | SE NW Winter Regional Swimming Championships | Liverpool | Wigan BEST | 2 |
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