

Individual Best Times (All Time)

Ralph Allen - (1293716) - Abingdon Vale SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------------------|-----------------|-------|
| 1:07.92 | 539 | H | 16/12/23 | Swim England Winter Championships 2023 | Sheffield | AbingdonVale | 2 |
| 1:07.94 | 538 | H | 10/02/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | | 2 |
| 1:08.54 | 524 | H | 04/11/23 | SE South East Regional Winter Championships 2023 | Winchester | | 2 |
| 1:09.16 | 510 | F | 08/10/23 | Winchester City Penguins Winter Autumn Qualifier | Winchester | | 2 |
| 1:09.80 | 496 | F | 11/02/23 | Oxfordshire & North Bucks County Champs 2023 | Aylesbury | | 2 |
| 1:10.06 | 491 | H | 11/02/23 | Oxfordshire & North Bucks County Champs 2023 | Aylesbury | | 2 |
| 1:10.91 | 473 | F | 05/11/22 | SE South East Regional Winter SC Champs 2022 | Winchester | | 2 |
| 1:11.07 | 470 | H | 24/06/23 | Hatfield SC Summer Meet 2023 | Hatfield | AbingdonVale | 2 |
| 1:11.93 | 453 | F | 02/10/22 | Maxwell October Meet 2022 | Aylesbury | | 3 |
| 1:12.34 | 446 | F | 22/09/22 | Abingdon Vale SC Club Championships 2022 | Abingdon | | 4 |
| 1:12.80 | 437 | H | 17/12/22 | Swim Wales Winter Championships 2022 | Swansea | | 2 |
| 1:13.59 | 423 | H | 18/06/22 | Hatfield SC Summer Meet | Hatfield | AbingdonVale | 2 |
| 1:15.05 | 399 | F | 12/03/22 | Maxwell and Elite Services Environmental Ltd Meet | Aylesbury | | 3 |
| 1:19.04 | 342 | F | 02/10/21 | Maxwell October Meet 2021 | Aylesbury | | 3 |
| 1:19.32 | 338 | F | 22/09/21 | Abingdon Vale September Club Championships | Abingdon | | 4 |
| 1:22.06 | 305 | F | 24/05/21 | Abingdon Vale | Abingdon School Spor | | 0 |
| 1:22.45 | 301 | F | 21/06/21 | Abingdon Vale | Abingdon School | | 0 |
| 1:27.99 | 247 | F | 03/11/20 | Abingdon Vale SC | Abingdon Boys School | | 0 |
| 1:30.22 | 230 | F | 23/11/19 | 2019 Wycombe County & Regional Qualifier | Wycombe | AbingdonVale | 3 |
| 1:31.75 | 218 | H | 30/11/19 | City of Oxford November Level 3 Meet | Oxford | AbingdonVale | 3 |
| 1:31.81 | 218 | H | 16/02/19 | Oxfordshire & North Bucks County Championships | Aylesbury | AbingdonVale | 2 |
| 1:32.13 | 216 | F | 16/02/19 | Oxfordshire & North Bucks County Championships | Aylesbury | AbingdonVale | 2 |
| 1:33.70 | 205 | F | 09/11/18 | AVSC Autumn Club Championships | Abingdon | AbingdonVale | 4 |
| 1:38.80 | 175 | H | 16/09/18 | City of Oxford Development Meet 1 | Oxford | AbingdonVale | 4 |
| 1:39.47 | 171 | H | 23/09/18 | COSC County Qualifier | Leys Pools & LC | AbingdonVale | 3 |
| 1:44.86 | 146 | F | 11/03/18 | TeamUnify & Maxwell Alternative to Counties | Aylesbury | AbingdonVale | 3 |
| 1:46.53 | 130 | F | 17/11/17 | Abingdon Vale Autumn Club Championships | Abingdon | AbingdonVale | 4 |

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|---------|--------|-------|----------|---|----------------------|-----------------|-------|
| 1:07.94 | 538 | H | 10/02/24 | Oxfordshire & N Bucs County Championships 2024 | Aylesbury | | 2 |
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| 1:12.34 | 446 | F | 22/09/22 | Abingdon Vale SC Club Championships 2022 | Abingdon | | 4 |
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| 1:15.05 | 399 | F | 12/03/22 | Maxwell and Elite Services Environmental Ltd Meet | Aylesbury | | 3 |
| 1:19.04 | 342 | F | 02/10/21 | Maxwell October Meet 2021 | Aylesbury | | 3 |
| 1:19.32 | 338 | F | 22/09/21 | Abingdon Vale September Club Championships | Abingdon | | 4 |
| 1:22.45 | 301 | F | 21/06/21 | Abingdon Vale | Abingdon School | | 0 |
| 1:22.06 | 305 | F | 24/05/21 | Abingdon Vale | Abingdon School Spor | | 0 |
| 1:27.99 | 247 | F | 03/11/20 | Abingdon Vale SC | Abingdon Boys School | | 0 |
| 1:31.75 | 218 | H | 30/11/19 | City of Oxford November Level 3 Meet | Oxford | AbingdonVale | 3 |
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