Individual Best Times (All Time)

Esme Lancaster - (1280091) - Doncaster Dartes SC - 50 Breaststroke - Short Course

Performance Graph

Swims in Time Order

Drag to Zoom, right click to reset.

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
45.42	243	Н	01/10/17	Yorkshire SA Winter Competition	Leeds	Donc Dartes	2
45.76	238		04/06/17	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
45.83	237	Н	01/07/17	End of Season Short Course Meet	Hull	Donc Dartes	3
46.57	226	Н	11/11/17	Adwick Home Championships	Adwick	Adwick	4
47.18	217		12/03/17	John Harriman Championships	Adwick	Adwick	4
48.56	199		05/03/17	Doncaster Dartes March Sprints	Adwick	Adwick	3
49.00	194	Н	28/01/17	Alec James BML Individual Championships 2017	Adwick	Adwick	3
49.50	188	Н	12/11/16	Adwick ASC Home Championships	Adwick	Adwick	4
49.56	187		08/10/16	DMASA Individual Champs ('The Mets')	Adwick	Adwick	4
49.59	187		18/09/16	Doncaster Dartes September Sprints	Beverley	Adwick	3
51.24	169		05/06/16	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
52.65	156	Н	14/11/15	Adwick Home Championships	Adwick	Adwick	4
53.03	153		05/10/15	DMASA Individual Championships 2015 ('The Mets')	Adwick	Adwick	4

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