Individual Best Times (All Time)

Esme Lancaster - (1280091) - Doncaster Dartes SC - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:22.09	203	Н	22/10/16	Adwick ASC Home Championships	Adwick	Adwick	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:22.09	203	Н	22/10/16	Adwick ASC Home Championships	Adwick	Adwick	4