Individual Best Times (All Time)

Esme Lancaster - (1280091) - Doncaster Dartes SC - 50 Backstroke - Short Course **Performance Graph**

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.20	230	Н	11/11/17	Adwick Home Championships	Adwick	Adwick	4
41.49	225		12/03/17	John Harriman Championships	Adwick	Adwick	4
41.86	219		04/06/17	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
42.27	213		05/03/17	Doncaster Dartes March Sprints	Adwick	Adwick	3
43.22	199		18/09/16	Doncaster Dartes September Sprints	Beverley	Adwick	3
43.49	195		24/09/17	Doncaster Dartes September Sprints	Beverley	Adwick	3
43.60	194		09/10/16	DMASA Individual Champs ('The Mets')	Adwick	Adwick	4
44.09	187	Н	12/11/16	Adwick ASC Home Championships	Adwick	Adwick	4
44.40	183		05/06/16	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
45.00	176	Н	28/01/17	Alec James BML Individual Championships 2017	Adwick	Adwick	3
47.43	150		06/10/15	DMASA Individual Championships 2015 ('The Mets')	Adwick	Adwick	4
49.06	136	Н	14/11/15	Adwick Home Championships	Adwick	Adwick	4

Swims in Date Order

WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
230	Н	11/11/17	Adwick Home Championships	Adwick	Adwick	4
195		24/09/17	Doncaster Dartes September Sprints	Beverley	Adwick	3
219		04/06/17	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
225		12/03/17	John Harriman Championships	Adwick	Adwick	4
213		05/03/17	Doncaster Dartes March Sprints	Adwick	Adwick	3
176	Н	28/01/17	Alec James BML Individual Championships 2017	Adwick	Adwick	3
187	Н	12/11/16	Adwick ASC Home Championships	Adwick	Adwick	4
194		09/10/16	DMASA Individual Champs ('The Mets')	Adwick	Adwick	4
199		18/09/16	Doncaster Dartes September Sprints	Beverley	Adwick	3
183		05/06/16	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
136	Н	14/11/15	Adwick Home Championships	Adwick	Adwick Powered By SPOR	4
	230 195 219 225 213 176 187 194 199	230 H 195 219 225 213 176 H 187 H 194 199 183	230 H 11/11/17 195 24/09/17 219 04/06/17 225 12/03/17 213 05/03/17 176 H 28/01/17 187 H 12/11/16 194 09/10/16 199 18/09/16 183 05/06/16	230 H 11/11/17 Adwick Home Championships 195 24/09/17 Doncaster Dartes September Sprints 219 04/06/17 Doncaster Dartes B Grade Meet 225 12/03/17 John Harriman Championships 213 05/03/17 Doncaster Dartes March Sprints 176 H 28/01/17 Alec James BML Individual Championships 2017 187 H 12/11/16 Adwick ASC Home Championships 194 09/10/16 DMASA Individual Champs ('The Mets') 199 18/09/16 Doncaster Dartes September Sprints 183 05/06/16 Doncaster Dartes B Grade Meet	230 H 11/11/17 Adwick Home Championships Adwick 195 24/09/17 Doncaster Dartes September Sprints Beverley 219 04/06/17 Doncaster Dartes B Grade Meet Adwick 225 12/03/17 John Harriman Championships Adwick 213 05/03/17 Doncaster Dartes March Sprints Adwick 176 H 28/01/17 Alec James BML Individual Championships 2017 Adwick 187 H 12/11/16 Adwick ASC Home Championships Adwick 194 09/10/16 DMASA Individual Champs ('The Mets') Adwick 199 18/09/16 Doncaster Dartes September Sprints Beverley 183 05/06/16 Doncaster Dartes B Grade Meet Adwick	H 11/11/17 Adwick Home Championships Adwick Adwick 24/09/17 Doncaster Dartes September Sprints Beverley Adwick 219 04/06/17 Doncaster Dartes B Grade Meet Adwick Adwick 225 12/03/17 John Harriman Championships Adwick Adwick 213 05/03/17 Doncaster Dartes March Sprints Adwick Adwick 176 H 28/01/17 Alec James BML Individual Championships 2017 Adwick Adwick 187 H 12/11/16 Adwick ASC Home Championships Adwick Adwick 194 09/10/16 DMASA Individual Champs ('The Mets') Adwick Adwick 189 18/09/16 Doncaster Dartes September Sprints Beverley Adwick 180 05/06/16 Doncaster Dartes B Grade Meet Adwick Adwick Adwick

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Adwick

Adwick

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