Individual Best Times (All Time)

Jessica Day - (1260337) - Cheltenham S & W P Club - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:57.98	467	Н	05/02/22	Worcester County SA County Championships 2022	Worcester	Worcester	2
5:04.19	439	Н	02/10/22	Worcester SC October Open Meet	Worcester	Cheltenham	3
5:04.72	437	F	07/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham		4
5:10.69	412	Н	12/11/21	Worcester SC Club Championships	Worcester	Worcester	4
5:24.32	362	Н	25/01/20	Worcester County Sprint Championships	Worcester	Worcester	2
5:32.86	335	Н	24/11/19	Worcester Swimming Club Age Group	Perdiswell LC	Worcester	4
5:48.38	292	Н	06/10/19	Worcester Swimming Club Autumn Open Meet	Worcester	Worcester	3
5:49.12	290	Н	26/01/19	Worcester County Age Group Championships	Worcester	Worcester	2
6:20.06	225	Н	25/11/18	Worcester Age Group Championships 2018	Worcester	Worcester	4

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