

Individual Best Times (All Time)

Tom Longley - (1253681) - Copeland ASC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:25.12	278	H	06/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	Copeland	3

Swims in Date Order

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