

Individual Best Times (All Time)

Tom Longley - (1253681) - Copeland ASC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.15	419	H	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	Copeland	2
2:21.53	415	F	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	Copeland	2
2:24.84	387	H	23/09/23	Workington 14th Presidents Gala 2023	Workington	Copeland	3
2:31.40	339	H	03/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Copeland	3
2:32.19	334	H	04/02/23	Cumbria County Championships & Age Groups 2023	Workington	Copeland	2
2:34.69	318	H	24/09/22	Workington 13th Presidents Gala	Workington	Copeland	3
2:43.14	271	H	05/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	Copeland	3
3:28.19	130	H	08/08/21	2021 Copeland ASC Club Gala 1	Whitehaven	Copeland	4

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