

Individual Best Times (All Time)

Tom Longley - (1253681) - Copeland ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.89	377	H	19/11/23	2023 Copeland ASC Club Championship	Copeland	Copeland	4
1:07.01	375	H	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	Copeland	2
1:07.24	371	H	24/09/23	Workington 14th Presidents Gala 2023	Workington	Copeland	3
1:08.06	358	H	10/06/23	26th Copeland Graded Gala 2023	Copeland	Copeland	3
1:08.83	346	H	21/01/23	Cumbria County Championships & Age Groups 2023	Workington	Copeland	2
1:08.90	345	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Copeland	3
1:10.53	321	H	20/11/22	Copeland ASC Club Championships 2022	Copeland	Copeland	4
1:11.05	314	H	04/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Copeland	3
1:11.18	313	H	22/10/22	Barrow ASC Halloween Meet 2022	Barrow in Furness	Copeland	3
1:11.52	308	H	25/09/22	Workington 13th Presidents Gala	Workington	Copeland	3
1:12.98	290	H	14/05/22	Copeland ASC 25th Graded Gala	Copeland	Copeland	3
1:13.96	279	H	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	Copeland	2
1:17.92	238	H	28/11/21	Copeland ASC Club Champs 21	Copeland	Copeland	4
1:17.92	238	H	06/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	Copeland	3
1:18.39	234	H	05/12/21	Cumbria Winter Meet 2021	Kendal	Copeland	3
1:25.00	183	H	26/09/21	12th Presidents Gala	Workington	Copeland	3

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