

Individual Best Times (All Time)

Tom Longley - (1253681) - Copeland ASC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.93	403	H	24/09/23	Workington 14th Presidents Gala 2023	Workington	Copeland	3
30.05	398	F	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	Copeland	2
30.19	392	H	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	Copeland	2
30.75	371	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Copeland	3
31.44	347	H	22/01/23	Cumbria County Championships & Age Groups 2023	Workington	Copeland	2
32.42	317	H	03/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Copeland	3
32.52	314	H	25/09/22	Workington 13th Presidents Gala	Workington	Copeland	3
32.79	306	H	22/10/22	Barrow ASC Halloween Meet 2022	Barrow in Furness	Copeland	3
34.60	260	H	06/03/22	Ulverston ASC Spring Swim Fest 2022	Kendal	Copeland	3
34.71	258	H	23/01/22	2022 Cumbria County Championships and Age Groups	Workington	Copeland	2
36.48	222	H	26/09/21	12th Presidents Gala	Workington	Copeland	3
48.77	93	H	14/03/20	26th Bill and Monica Griffin Gala	Copeland	Copeland	3
52.53	74	H	01/11/20	Copeland ASC	Copeland Pool	Copeland	0

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