

# Individual Best Times (All Time)

Natasha Rice - (1250593) - Middlesbrough SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:17.00	318	H	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	Middlesboro	3
3:19.78	305	H	11/06/23	Middlesbrough ASC June 2023 Meet	Middlesbrough	Middlesboro	3
3:20.78	301	H	18/12/22	Middlesbrough ASC December 2022 Meet	Middlesbrough	Middlesboro	3
3:25.58	280	H	01/04/23	Tynemouth ASC Last Chance NER Qualifier 2023	North Shields	Middlesboro	3
3:39.83	229	H	12/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Middlesboro	3
3:49.29	202	H	04/01/20	Billingham New Year Meet	Billingham	Middlesboro	3
4:14.50	147	H	05/01/19	Billingham New Year Meet 2019	Billingham	Middlesboro	3

## Swims in Date Order

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3:19.78	305	H	11/06/23	Middlesbrough ASC June 2023 Meet	Middlesbrough	Middlesboro	3
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