

Individual Best Times (All Time)

Natasha Rice - (1250593) - Middlesbrough SC - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:08.17	347	H	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	Middlesboro	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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