Individual Best Times (All Time)

Natasha Rice - (1250593) - Middlesbrough SC - 200 Individual Medley - Short Course

Drag to Zoom, right click to reset.

Swims in Time Order

Performance Graph

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------------|-----------------|-------|
| 2:55.27 | 336 | Н | 15/07/23 | Gateshead & Whickham ASC Summer Meet 2023 | Gateshead | Middlesboro | 3 |
| 2:55.93 | 332 | Н | 19/11/22 | Durham City Aquatics Medley Challenge | Durham | Middlesboro | 3 |
| 3:01.01 | 305 | Н | 09/07/23 | Middlesbrough ASC Club Championships 2023 | Middlesborough | Middlesboro | 4 |
| 3:03.63 | 292 | Н | 09/03/24 | Middlesbrough ASC March 2024 Meet | Middlesborough | Middlesboro | 3 |
| 3:03.88 | 291 | Н | 16/12/23 | Middlesbrough ASC December Meet 2023 | Middlesborough | Middlesboro | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------------|-----------------|-------|
| 3:03.63 | 292 | Н | 09/03/24 | Middlesbrough ASC March 2024 Meet | Middlesborough | Middlesboro | 3 |
| 3:03.88 | 291 | Н | 16/12/23 | Middlesbrough ASC December Meet 2023 | Middlesborough | Middlesboro | 3 |
| 2:55.27 | 336 | Н | 15/07/23 | Gateshead & Whickham ASC Summer Meet 2023 | Gateshead | Middlesboro | 3 |
| 3:01.01 | 305 | Н | 09/07/23 | Middlesbrough ASC Club Championships 2023 | Middlesborough | Middlesboro | 4 |
| 2:55.93 | 332 | Н | 19/11/22 | Durham City Aquatics Medley Challenge | Durham | Middlesboro | 3 |

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