

Individual Best Times (All Time)

Charlie Southwood - (1237280) - Torfaen Dolphins Performance - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.64	454	F	28/10/23	Neath ASC Open Meet	Swansea		2
2:23.59	445	F	26/11/22	Swim Wales South East Sub Regionals 2022	Newport		3
2:31.82	376	F	28/06/21	Swim Wales Super Series 2021 - Round 2, Session 1	Swansea		0
2:34.93	354	F	02/02/20	Swim Wales South East Regional Championships	Newport	Torfaen D	2
2:54.11	249	F	03/02/19	Swim Wales South East Regional Championships	Newport	Torfaen D	2
3:02.54	216	F	25/11/18	SW South East Sub Regional Championships	Newport	Torfaen D	3
3:24.36	154	F	04/02/18	SW South East Regional Championships	Newport	Torfaen D	2

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