Individual Best Times (All Time)

Charlie Southwood - (1237280) - Torfaen Dolphins Performance - 200 Backstroke - Short Course **Performance Graph**

Drag to Zoom, right click to reset.

Swims in Time Order

2:14.77 2:17.77 2:18.26 2:18.37 2:25.28 2:25.71	481 450 445 444	F H F	16/12/22 16/12/22 15/10/22	Swim Wales Winter Championships 2022 Swim Wales Winter Championships 2022	Swansea		2
2:18.26 2:18.37 2:25.28 2:25.71	445			Swim Wales Winter Championships 2022	0		
2:18.37 2:25.28 2:25.71		F	15/10/00		Swansea		2
2:25.28 2:25.71	444		15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
2:25.71		F	13/02/22	Swim Wales South East Regional Championships 2022	Newport		2
	384	F	12/07/21	Swim Wales Super Series 2021 - Round 3, Session 1	Swansea		0
0.00.40	380	F	28/06/21	Swim Wales Super Series 2021 - Round 2, Session 1	Swansea		0
2:30.10	348	F	19/10/20	Swim Wales Super Series - Round1, Session1	Swansea		0
2:31.74	337	Н	01/12/19	Swim Wales Short Course Championships	WNPS	Torfaen D	2
2:33.76	324	F	01/12/19	Swim Wales Short Course Championships	WNPS	Torfaen D	2
2:34.53	319	F	17/11/19	Guildford City Winter Open Meet	Surrey Sports Park	Torfaen D	2
2:43.91	267	F	06/07/19	Torfaen Dolphins Short Course Meet	Newport	Torfaen D	2
2:45.95	257	Н	02/12/18	Swim Wales Short Course Championships	Swansea	Torfaen D	2
3:12.52	165	F	03/02/18	SW South East Regional Championships	Newport	Torfaen D	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.77	481	F	16/12/22	Swim Wales Winter Championships 2022	Swansea		2
2:17.77	450	Н	16/12/22	Swim Wales Winter Championships 2022	Swansea		2
2:18.26	445	F	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
2:18.37	444	F	13/02/22	Swim Wales South East Regional Championships 2022	Newport		2
2:25.28	384	F	12/07/21	Swim Wales Super Series 2021 - Round 3, Session 1	Swansea		0
2:25.71	380	F	28/06/21	Swim Wales Super Series 2021 - Round 2, Session 1	Swansea		0
2:30.10	348	F	19/10/20	Swim Wales Super Series - Round1, Session1	Swansea		0
2:33.76	324	F	01/12/19	Swim Wales Short Course Championships	WNPS	Torfaen D	2
2:31.74	337	Н	01/12/19	Swim Wales Short Course Championships	WNPS	Torfaen D	2
2:34.53 Copyright 2024	319 1	F	17/11/19	Guildford City Winter Open Meet	Surrey Sports Park	Torfaen D Powered By SPOR	2 TSYSTEM

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2:43.91	267	F	06/07/19	Torfaen Dolphins Short Course Meet	Newport	Torfaen D	2
2:45.95	257	Н	02/12/18	Swim Wales Short Course Championships	Swansea	Torfaen D	2
3:12.52	165	F	03/02/18	SW South East Regional Championships	Newport	Torfaen D	2

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