

# Individual Best Times (All Time)

Charlie Southwood - (1237280) - Torfaen Dolphins Performance - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
24.34	568	F	25/11/23	Swim Wales Regional SC Championships - SE 2023	Newport		2
24.61	549	H	15/12/23	Swim Wales Winter Championships 2023	Swansea		2
24.91	530	F	11/02/23	South East Wales Regional Championships	Newport		2
24.97	526	F	19/11/22	Cardiff International Open Meet 2022	Cardiff		2
25.15	515	F	28/10/23	Neath ASC Open Meet	Swansea		2
25.25	508	F	16/09/23	Torfaen Dolphins Club Championships 2023	Pontypool		3
25.32	504	H	16/12/22	Swim Wales Winter Championships 2022	Swansea		2
25.52	492	F	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
25.57	490	F	17/09/22	Torfaen Dolphins Club Championships	Pontypool		3
25.89	472	F	12/02/22	Swim Wales South East Regional Championships 2022	Newport		2
26.84	423	F	31/10/21	City of Bristol Early Bird Meet	Bristol		3
27.01	415	F	28/06/21	Swim Wales Super Series 2021 - Round 2, Session 1	Swansea		0
27.05	413	F	14/06/21	Swim Wales Super Series 2021 - Round 1, Session 1	Swansea		0
27.46	395	F	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea		0
27.47	395	F	12/07/21	Swim Wales Super Series 2021 - Round 3, Session 1	Swansea		0
28.40	357	H	29/11/19	Swim Wales Short Course Championships	WNPS	Torfaen D	2
28.56	351	F	29/11/19	Swim Wales Short Course Championships	WNPS	Torfaen D	2
30.18	298	F	06/07/19	Torfaen Dolphins Short Course Meet	Newport	Torfaen D	2
32.06	248	H	30/11/18	Swim Wales Short Course Championships	Swansea	Torfaen D	2
32.07	248	F	08/12/18	NSL Western Division 1 Final	Newport	Torfaen D	3
32.35	242	F	12/02/19	Swim Wales South East Regional Championships	Newport	Torfaen D	2
32.67	234	F	06/10/18	RCT Performance Squad Development Meet	Cardiff	Torfaen D	3
32.95	229	H	12/02/19	Swim Wales South East Regional Championships	Newport		2
34.50	199	F	07/07/18	Torfaen Dolphins Short Course Meet 2018	Newport	Torfaen D	2
34.63	197	F	04/03/18	Torfaen Dolphins St David's Day Meet	Pontypool	Torfaen D	3
38.17	147	F	02/04/17	Gloucester City Spring Meet 2017	Gloucester	Torfaen D	2
38.63	142	F	05/03/17	Torfaen Dolphins St David's Meet	Pontypool	Torfaen D	3

36.66	142	F	05/03/17	Torfaen Dolphins St David's Meet	Pontypool	Torfaen D	3
38.77	140	F	08/07/17	Torfaen Dolphins Summer Open Meet 2017	Newport	Torfaen D	2
39.46	133	F	19/11/16	United Bristol Autumn Level 3 Open Meet	Horfield	Torfaen D	3
40.98	119	F	22/10/16	Greater Gwent Development Meet	Newport	Torfaen D	3
41.13	117	F	09/07/16	Torfaen Short Course Development Meet 2016	Newport	Torfaen D	3
41.72	112	F	29/10/16	Torfaen Dolphins Spooktacular Meet	Pontypool	Torfaen D	3
50.69	62	F	11/07/15	Torfaen Dolphins Spring Meet 2015	Newport	Cwmbran	3

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