

Individual Best Times (All Time)

Matthew Lambert - (1235812) - Aqua Force Swimming Academy Hart - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------------|-----------------|-------|
| 2:40.84 | 316 | H | 09/12/18 | Middlesbrough Christmas 2018 Gala | The Neptune Centre | AFSHartlepol | 3 |
| 2:46.84 | 283 | H | 17/06/18 | Middlesbrough June 2018 Meet | The Neptune Centre | Billingham | 3 |
| 2:50.09 | 267 | H | 05/01/19 | Billingham New Year Meet 2019 | Billingham | AFSHartlepol | 3 |
| 2:52.87 | 255 | H | 10/12/17 | Middlesbrough Christmas 2017 Meet | The Neptune Centre | Billingham | 3 |
| 2:57.10 | 237 | H | 06/01/18 | Billingham ASC New Year Meet | Billingham | Billingham | 3 |
| 2:57.13 | 237 | H | 25/11/17 | Billingham ASC Club Championships 2017 | Billingham | Billingham | 4 |
| 3:10.17 | 191 | H | 10/12/16 | Swim In To Christmas | Billingham | Billingham | 3 |
| 3:21.18 | 161 | H | 26/11/16 | Billingham Club Championships | Billingham | Billingham | 4 |
| 3:28.64 | 145 | H | 19/06/16 | Middlesbrough 2016 Open Meet | Middlesbrough | Billingham | 3 |

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