

Individual Best Times (All Time)

Emma Simmonds - (1218536) - West Norfolk Swimming Club - 50 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.46	282	F	01/10/23	Dereham and District ASC Icen Open 2023	Dereham		3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.46	282	F	01/10/23	Dereham and District ASC Icen Open 2023	Dereham		3