

Individual Best Times (All Time)

Dayna Arbon - (1213460) - City of Norwich SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.27	500	F	19/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich		3
1:04.33	476	F	29/10/23	Teamipswich SC Spooktacular Open 2023	Ipswich		3
1:04.35	476	F	20/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich		3
1:05.45	452	H	02/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Co Norwich	3
1:05.85	444	F	20/07/23	Co Norwich SC Club Championships Main Events 2023	Norwich		4
1:05.88	443	F	30/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
1:06.11	439	H	25/06/22	Norfolk ASA County Challenge Gala	Dereham	Co Norwich	3
1:06.33	434	F	28/11/21	City of Norwich SC L3 November SC Open Meet 2021	Norwich		3
1:06.42	433	F	21/07/22	City of Norwich Club Championships Main Events	Norwich		4
1:07.10	419	H	12/12/21	Diss Otters SC Santa's Splash & Dash	Norwich	Co Norwich	3
1:08.77	390	F	17/09/21	City of Norwich Club Championships 2021	Norwich		4
1:09.15	383	F	17/11/19	City of Norwich 2019 November L3 Short Course Open	Norwich	Co Norwich	3
1:10.29	365	F	20/09/19	CONSC 2019 Club Championships	Norwich	Co Norwich	4
1:10.46	362	F	24/06/21	2021 CONSC Level 4 Squad 100s Meet	Norwich		4
1:10.75	358	F	03/11/20	City of Norwich Swimming Club	Sportspark, UEA		0
1:11.29	350	F	18/12/20	City of Norwich	Sportspark		0
1:12.22	336	F	18/11/18	CoNSC NOVEMBER SHORT COURSE OPEN MEET 2018	NORWICH	Co Norwich	3
1:13.91	314	F	21/09/18	CoNSC Club Championships 2018	Norwich	Co Norwich	4
1:19.28	254	F	19/11/17	UEA Norwich November Short Course Open Meet	Norwich	Co Norwich	3
1:22.11	229	F	22/01/17	Norfolk ASA County Championships 2017	Norfolk	Co Norwich	2
1:23.35	219	H	22/01/17	Norfolk ASA County Championships 2017	Norfolk	Co Norwich	2
1:23.58	217	F	30/09/17	UEA Co Norwich Club Championships Main Events	Norwich	Co Norwich	4
1:24.34	211	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	Co Norwich	3
1:24.64	209	F	25/09/16	UEA City of Norwich Club Championships	Norwich	Co Norwich	4
1:33.24	156	F	25/09/15	UEA City of Norwich Club Championships 2015	Norwich	Co Norwich	4
1:33.67	154	H	28/11/15	Norfolk ASA County Qualifier Gala 2015	Thetford		3

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