

Individual Best Times (All Time)

Dayna Arbon - (1213460) - City of Norwich SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:40.83	438	F	28/07/23	Co Norwich SC Club Championships Main Events 2023	Norwich		4
5:59.89	372	F	29/07/22	City of Norwich Club Championships Main Events	Norwich		4

Swims in Date Order

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