

# Individual Best Times (All Time)

Dayna Arbon - (1213460) - City of Norwich SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.70	452	F	21/07/23	Co Norwich SC Club Championships Main Events 2023	Norwich		4
2:38.71	452	F	20/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich		3
2:40.40	438	F	30/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
2:41.79	427	F	29/10/23	Teamipswich SC Spooktacular Open 2023	Ipswich		3
2:43.41	414	H	02/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Co Norwich	3
2:56.47	329	F	16/09/21	City of Norwich Club Championships 2021	Norwich		4
3:01.83	301	F	18/11/18	CoNSC NOVEMBER SHORT COURSE OPEN MEET 2018	NORWICH	Co Norwich	3
3:01.99	300	F	20/09/18	CoNSC Club Championships 2018	Norwich	Co Norwich	4
3:11.63	257	F	19/11/17	UEA Norwich November Short Course Open Meet	Norwich	Co Norwich	3
3:29.18	197	F	28/09/17	UEA Co Norwich Club Championships Main Events	Norwich	Co Norwich	4
3:40.12	169	F	23/09/15	UEA City of Norwich Club Championships 2015	Norwich	Co Norwich	4

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