

Individual Best Times (All Time)

Dayna Arbon - (1213460) - City of Norwich SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.26	481	F	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich		3
29.42	473	H	03/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Co Norwich	3
29.48	470	F	28/07/23	Co Norwich SC Club Championships Main Events 2023	Norwich		4
29.56	466	F	19/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich		3
29.79	456	F	28/10/23	Teamipswich SC Spooktacular Open 2023	Ipswich		3
29.83	454	F	27/11/21	City of Norwich SC L3 November SC Open Meet 2021	Norwich		3
29.83	454	F	29/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
30.18	438	F	29/07/22	City of Norwich Club Championships Main Events	Norwich		4
30.63	419	H	26/06/22	Norfolk ASA County Challenge Gala	Dereham	Co Norwich	3
31.02	403	H	12/12/21	Diss Otters SC Santa's Splash & Dash	Norwich	Co Norwich	3
31.22	396	F	17/09/21	City of Norwich Club Championships 2021	Norwich		4
31.36	390	F	16/11/19	City of Norwich 2019 November L3 Short Course Open	Norwich	Co Norwich	3
31.79	375	F	20/09/19	CONSC 2019 Club Championships	Norwich	Co Norwich	4
31.91	371	F	10/10/20	City of Norwich SC	UEA		0
32.00	367	F	18/12/20	City of Norwich	Sportspark		0
32.48	351	F	21/09/18	CoNSC Club Championships 2018	Norwich	Co Norwich	4
32.52	350	F	26/05/21	City of Norwich	Hewett		0
32.97	336	F	17/11/18	CoNSC NOVEMBER SHORT COURSE OPEN MEET 2018	NORWICH	Co Norwich	3
35.01	280	F	18/11/17	UEA Norwich November Short Course Open Meet	Norwich	Co Norwich	3
36.86	240	H	29/01/17	Norfolk ASA County Championships 2017	Norfolk	Co Norwich	2
37.06	236	F	30/09/17	UEA Co Norwich Club Championships Main Events	Norwich	Co Norwich	4
37.52	228	F	25/09/16	UEA City of Norwich Club Championships	Norwich	Co Norwich	4
38.19	216	F	08/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	Co Norwich	3
38.37	213	F	29/10/16	UEA City of Norwich Halloween Screamer 2016	Norwich	Co Norwich	3
40.66	179	H	18/10/15	Diss Otters 18th Open Sprint Meet	Norwich		3
42.27	159	F	03/10/15	UEA City of Norwich SC Halloween Howler 2015	Norwich	Co Norwich	2
44.54	126	F	27/09/14	City of Norwich SC Club Championships	Norwich	Co Norwich	4

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