

Individual Best Times (All Time)

Ffion Addecott - (1210996) - Rhondda Cynon Taf Performance Sw - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.32	415	H	03/02/19	Swim Wales South East Regional Championships	Newport	RCT Squad	2
1:08.41	396	F	04/05/19	City of Newport SC Spring Open Meet	Newport	RCT Squad	2
1:08.51	394	F	24/11/18	SW South East Sub Regional Championships	Newport	RCT Squad	3
1:08.61	392	H	04/02/18	SW South East Regional Championships	Newport	RCT Squad	2
1:09.04	385	F	04/11/18	City of Cardiff Capital Open Meet	Cardiff	RCT Squad	2
1:10.11	368	F	25/11/17	Swim Wales South East Sub Regional	Newport	RCT Squad	3
1:10.27	365	F	22/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	RCT Squad	3
1:11.33	349	F	29/04/17	City of Newport Spring Open Meet	Newport	RCT Squad	2
1:12.17	337	F	08/07/17	Torfaen Dolphins Summer Open Meet 2017	Newport	RCT Squad	2
1:12.23	336	H	05/02/17	Swim Wales South East Regional	Newport	RCT Squad	2
1:12.27	336	F	28/10/18	Calligo Tigers Annual Autumn Open Meet 2018	St Brelade, Jersey	RCT Squad	2
1:12.67	330	F	26/11/16	Swim Wales South East Sub Regional Champs	Newport	RCT Squad	3
1:14.86	302	F	23/10/16	Walkers Tigers Annual Autumn Open Meet 2016	St Brelade	RCT Squad	3
1:15.35	296	H	31/01/16	Swim Wales South East Regional Championships	Newport	RCT Squad	2
1:16.66	281	F	30/04/16	City of Newport Club Open Spring Meet	Newport	RCT Squad	2
1:18.34	263	F	12/07/15	Torfaen Dolphins Spring Meet 2015	Newport		3
1:19.88	248	F	25/10/15	Walkers Tigers 34th Autumn Open Meet 2015	Jersey	RCT Squad	3
1:28.41	183	F	30/11/14	South East Wales Sub Regional Competition	Newport		2
1:31.75	164	F	05/10/14	Llantrisant Sharks Open Meet	Rhondda		3

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