

Individual Best Times (All Time)

Rosie Windslow - (1209722) - Shiverers SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:58.23	466	F	15/11/18	Worthing Open Championships	Worthing	Worthing SC	4
5:01.82	450	F	16/11/17	Worthing Open Championships	Worthing	Worthing SC	4
5:10.32	414	F	17/11/16	Worthing Open Championships	Worthing	Worthing SC	4
5:21.26	373	F	19/11/15	Worthing Open Championships	Worthing	Worthing SC	4
6:17.02	230	F	13/11/14	Worthing Club Championships	Worthing	Worthing SC	4

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