

Individual Best Times (All Time)

Rosie Windslow - (1209722) - Shiverers SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.30	464	F	22/04/17	Worthing Age Group Competition	Worthing	Worthing SC	4
2:37.32	464	F	22/10/17	Sussex County ASA Winter Short Competition	Crawley	Worthing SC	2
2:39.75	443	F	21/10/18	Sussex County ASA Winter SC Competition 2018	Crawley	Worthing SC	2
2:42.69	420	F	11/01/20	Tom Handley Open Meet	Prince Regent	Shiverers	3
2:43.26	415	F	08/01/17	Littlehampton Splash Into 2017	Arun	Worthing SC	3
2:43.97	410	F	16/10/16	Sussex County ASA Winter Short Competition 2016	Crawley	Worthing SC	2
2:45.77	397	F	06/05/16	Worthing Age Group Competition	Worthing	Worthing SC	4
2:46.03	395	F	29/06/18	Worthing Age Group Competition	Worthing	Worthing SC	4
2:46.82	389	F	28/06/19	Worthing Age Group Competition	Worthing	Worthing SC	4
2:48.48	378	F	29/11/15	Atlantis Horsham Christmas Cracker Meet	Horsham	Worthing SC	3
2:48.87	375	F	03/04/16	Littlehampton Easter Meet 2016	Bognor Regis	Worthing SC	3
2:49.51	371	F	10/11/18	National Arena Swimming League South Round 2	Epsom	Worthing SC	3
2:53.50	346	F	01/11/15	Sussex County ASA Winter Competition 2015	Horsham	Worthing SC	2
3:00.91	305	F	24/04/15	Worthing Age Group Competition	Worthing	Worthing SC	4
3:13.64	249	F	04/01/15	Littlehampton Splash 2015	Bognor Regis	Worthing SC	3
3:35.93	179	F	17/05/14	Worthing Age Group Competition	Worthing	Worthing SC	4

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